

SAILING INSTRUCTIONS

1 RULES

- 1.1 All club sailing will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS).2009-2012.
- 1.2 These sailing instructions, the club rules and any appropriate class rules will apply.
- 1.3 Under rule 86.1(b), in the definition Zone the distance is changed to two hull lengths (to cater for the restricted racing area on the lake).

2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the notice board in the race control box.

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the sailing instructions will be posted 1 hour before the start on the day it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the flagpole in front of the race control box.

5 SCHEDULE OF RACES

- 5.1 The schedule of club races will be printed in the club handbook and posted in the clubhouse. This will identify whether the race is average lap or other racing. At least two weeks notice of any change will be posted in the clubhouse.
- 5.2 The schedule of races for open meetings will be printed on the entry form and/or posted in the clubhouse/race control box.

6 RACE ENTRY AND ELIGIBILITY

- 6.1 The minimum number of entries for a race is two boats
- 6.2 For club races, entries are made on the appropriate race sheet in the race control box. Competitors shall ensure that names of the helm and crew are entered on the race sheet and one of them has signed the race sheet. Any competitor not complying with this procedure is liable to disqualification without a hearing. This adds to RRS 63.1.
- 6.3 All competitors must wear adequate personal buoyancy at all times when afloat. Neither a wet suit nor a dry suit constitutes adequate personal buoyancy. Inflatable type buoyancy aids will not be considered adequate unless fully inflated. Failure to comply will result in automatic disqualification. This alters RRS 40.
- 6.4 All competitors must ensure that their boat has adequate built-in buoyancy and may be asked to demonstrate this at any time.
- 6.5 Boats may use sails other than those meeting the appropriate class rules in normal club racing providing prior permission is granted by the Sailing Committee. This means RRS 87 shall not apply and amends RRS 86.
- 6.6 The helm may change boat during the series within the same class of boat.
- 6.7 In a race series, a helm may use different crews.
- 6.8 For two-handed boats, two people can share the helming in the series as long as they make this intention clear on the race sheet for their first race entered in the series.
- 6.9 Races are open to Members (including Temporary Members) of the Club. Guests who wish to race may do so provided that they comply with these Sailing Instructions. Guest results will be recorded in individual and series races but will not be eligible for any trophies/prizes awarded for individual events or race series.
- 6.10 The helm/crew must ensure that they are competent to sail in the prevailing conditions.

7 CLASS FLAGS

- 7.1 Class flags will be:

Class

Flag

Handicap / Gold&Silver / Fast	Number one pennant
Slow / Bronze	M
Laser	Laser motif pennant
Comet	Number two pennant

8 THE COURSES

- 8.1 The course and the hand for the rounding of marks will be displayed in the race control box, or alternative location indicated by the OOD, at least 15 minutes before the start of the race.
- 8.2 The course for average lap racing will have the same start and finish lines. This line will also form a gate through which competitors must sail at the end of each lap. For the handicap to work courses should contain all points of sailing.

9 THE START

- 9.1 The OOD at their discretion may give one long sound signal to inform competitors that the next race will start in approximately 15 minutes.
- 9.2 Races will be started by using rule 26 with the warning signal made five minutes before the starting signal using the flags listed below.

Times shall be taken from the visual signal; failure of a sound signal shall be disregarded.

<i>Title</i>	<i>Signals</i>	<i>Time to Start</i>
Warning	Class flag, one sound	FIVE minutes
Preparatory	P or I flag, one sound	FOUR minutes
Rule Flag	P or I flag removed, one sound	ONE minute
Starting	Class flag removed, one sound	START

- 9.3 The warning signal for each succeeding class shall be made with or after the starting signal of the preceding class.
- 9.4 For average lap racing; the starting line will be posted on the board in the race control hut and be an imaginary line between a committee boat and a nominated mark, a point on the shore and a nominated buoy or between two nominated buoys, which may be a temporary buoy or a permanent club course mark.
- 9.5 For other races; the start line will be between the flagpole and a nominated mark, which may be a temporary buoy or a permanent club course mark. An inner distance mark may be used.
- 9.6 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 9.7 A boat starting later than 5 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing.
- 9.8 Individual Recall. When at a boat's starting signal any part of her hull, crew or equipment is on the course side of the starting line or she must comply with rule 30.1, the race committee shall raise flag X with one sound. The X flag shall be displayed until all such boats are completely on the pre-start side of the starting line or one of its extensions and have complied with rule 30.1 if it applies, but no later than four minutes after the starting signal or one minute before any later starting signal, whichever is earlier. The race committee will attempt to indicate which boats have started early, but the responsibility for starting correctly lies with the helm.
- 9.9 General Recall. When at the starting signal the race committee is unable to identify boats that are on the course side of the starting line the race committee may signal a general recall (display the First Substitute with two sounds). The warning signal for a new start for the recalled class shall be made one minute after the First Substitute is removed (one sound), and the starts for any succeeding classes shall follow the new start.

10 THE FINISH

- 10.1 For average lap racing;

The finishing line will be the same as the start line. Shortly before the finish, flag S will be displayed with two sound signals. This is the 'About to Finish' (ATF) signal and made when the boat "about to finish" is on the last leg of the course. The signal is made AFTER the boat rounds the last mark, not before. All boats will finish the race when they next pass through the finish line.

10.2 For other races;

The finishing line will be between the flagpole and a nominated mark, which maybe a temporary buoy or a permanent club course mark. An inner distance mark may be used.

OR

The finishing line will be between the windward mark and the committee boat.

Flag S has its conventional meaning (shorten course).

10.3 A boat that retires from a race shall notify the OOD as soon as possible.

10.4 Helms are not required to sign off after club races. At open meetings helms must sign off when coming ashore between races and after the final race.

11 TIME LIMITS AND TARGET TIMES

11.1 Target times are as follows:

<u>Race</u>	<u>Target Time</u>
Frostbite series	45 minutes
Wednesday series 3	45 minutes
Other club races, unless a specific target time is published in the Sailing Programme	60 minutes

11.2 The time limit for a race is the target time for that race plus 30 minutes. Boats failing to finish within the time limit will be scored "Did Not Finish" without a hearing. This alters RRS 35 and Appendices A4.1 and A4.2.

12 PROTESTS AND REQUESTS FOR REDRESS

12.1 Protest forms are available in the clubhouse. Protests and requests for redress or reopening shall be delivered there within 30 minutes of the protesting helm reaching the shore.

12.2 Protest may in the Formal or in the form of an Advisory and Arbitration Hearing; Exoneration Penalty.

12.3 The Advisory Hearing and RYA Arbitration procedures of the RYA Rules Disputes Procedure will be available. For these purposes, if an Exoneration Penalty of 20% shall apply, the final position of a penalised boat shall be no worse than if she had retired. At an informal hearing, rules 61.2, 63.5, 63.6 RRS shall not apply.

12.4 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in a suitable location as notified by the OOD.

13 HANDICAP SYSTEM

13.1 Each boat sailing in a club handicap event will compete under the latest available value of the Portsmouth Yardstick (PY) Number published by the RYA unless the Sailing Committee, chaired by the Rear Commodore Sailing, have allocated a modified number.

13.2 A boat with a PY greater than 1080 will be allocated to the Slow Fleet.

13.3 Some club races are run under a personal handicap system where the PY for each entrant in a particular boat is determined by the Rear Commodore Sailing. Such handicaps will be posted in the clubhouse, 24 hours before the start of any race using personal handicaps.

14 SCORING

14.1 The low point scoring system as detailed in Appendix A4.1 of the Racing Rules of Sailing 2009 - 2012 will be used.

14.2 In Average Lap Racing no boat of the same class or boat with a higher PY number shall be beaten by a boat with a lower PY number that has completed fewer laps. That boat or boats shall have their average lap time increase to 1 second more than the boat completing more laps.

14.3 Series points will be awarded to the helm not the boat. Where a helm sails a different boat in a series, points will only be combined where the yachts sailed are of the same class and the same handicap. A two handed boat sailed as single-handed and double-handed in a series will count as a separate entry.

- 14.4 A boat may change the size of its sail for each and every race, for example a Laser Standard may change to a Laser Radial but in such circumstances the results are calculated using the allocated handicap for the largest sail used on the series and not the sail used in individual races in the series. Individuals have the responsibility to inform the Race Officer on the sail being used.
- 14.5 In the event of a series tie, the tied boats will share the position and if applicable, prize.
- 14.6 The number of races in each series shall be published in the club handbook at the beginning of each season. The number of races to count in any club series is as follows:

Number of Races	Races to Count
12	7
11	6
10	6
9	5
8	5
7	4
6	4
5	3
4	3
3	2
2	2

For any series with more than 12 races, sixty per cent of the races will count. If a race in a series is not sailed or is abandoned it will not count towards the number of races in a series.

- 14.6 A competitor in a series who has undertaken one or more race duties during that series will have their series score calculated from their average score for the number of races to count minus one multiplied by the number of races to count.

15 SAFETY REGULATIONS

- 15.1 Any crewmember not wearing a wet or dry suit must retire immediately if they fall in the water in the period December to March inclusive.

16 EQUIPMENT AND MEASUREMENT CHECKS

- 16.1 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions.

17 DISCLAIMER OF LIABILITY

- 17.1 Competitors participate in club racing entirely at their own risk. The club will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the race.

18 INSURANCE

- 18.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2,000,000.